



RUKMINI DEVI

Institute of Advanced Studies

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DOSSIER

On

Health & Hygiene Activity Under Village Adoption Program

Receptionist

On

January 30, 2019



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FORM A

Proposal :

- **Name Of the event to be organized :** Health & Hygiene Activity Under Village Adoption Program
- **Date :** January 30, 2019
- **Time :**
- **Venue :** Community Center, Jajl Village, Sonipat, Haryana
- **Organized By:** Receptionist
- **Motivation for the activity :** Maintenance of personal hygiene and awareness of general health among the people of Jajl Village helps to improve the quality of life and longevity. This is of particular importance in a community with compromised living situation. Cleanliness session and Health camp was organized to aware the kids and villagers of Jajl village about basic steps towards personal hygiene and to provide general health care services respectively.

Form B

Part 1

Aim of the event :

The main aim of the cleanliness session is to aware primary school students about importance of personal hygiene and basic etiquettes so as to improve the quality of living and longevity. Additionally the health camp was organized for public of Jajl village so that general health services and consultation can be provided to them.

Part 2

Abstract :

Social & Heritage Club conducted two activities on January 30, 2019 in Jajl Village Sonipat under Village Adoption Program:

1. Ice-breaking Session
2. Health Camp

1. Cleanliness session:

In commemoration of 150 Anniversary of father of nation Mahatma Gandhi, Prayatna: Social & Heritage Club of Rukmini Devi Institute Of Advanced Studies organized a visit to Government School of Jajl in Haryana. Good hygiene is more than just looking neat and clean. Good hygiene practices can reduce the spread of disease. With this objective the activity was organized. The session was taken by Mr. Manoj Kumar Mishra, faculty, RDIAS along with the student volunteers of RDIAS. The session started at 10:00 am and ran for 2 hrs. The event started with a small initiative by volunteers how to clean each part of the body on a daily basis. An interactive session on the importance of hygiene and ways to adopt a hygienic lifestyle was further demonstrated by the volunteers of the club. This gave the volunteers a platform of discussion with the children about cleanliness and sanitation and encourage children to presents their views about the same. The activity was organized for all the students of Govt. school. As a part of cleanliness session students were acquainted with basic habits of cleanliness such as:

- Wash cups and utensils used by others before you drink or eat with them.
- Use your own towel.
- Stay clear of people who are coughing or sneezing.
- Keep flies away from your food and drinks.
- Always wash your hands after going to the restroom, after playing outdoors and after handling animals
- Regular bathing and brushing is important

The commitment of the volunteers and the enthusiasm of children made the event even more stupendous. Some questions pertaining to health and hygiene were asked by the volunteers. All the participants were presented with sanitizers, soaps etc to provide an impetus for students to follow clean up activity on daily basis.

1. Health Camp:

A health camp was organized at Jajl village, Sonipat, Haryana in association with MIW foundation. As many as people from village were participated and benefited from the health camp. Jajl village is located approximately 10 kilometers from Sonepat and it is situated approx.. 3 kms. from the banks of the river Jamuna. Jajl village was selected to conduct the health camp as there were no basic health amenities in the 5 kms radius. The total population of the village is 15,00. Also the camp was organized in this village as it is frontier located to the Haryana State and having no basic health facilities.

The objective of conducting the health camp was to create awareness of general health among the people, provide general health care services and counseling them on basic healthcare and hygiene. The camp was organized at Community centre of Jajl village. Four specialized doctors; Dr. Parmod Hatwal (Orthopaedic), Dr. Krishna Soni (Cardiologist), Dr. Naveen (Physician), Dr. Madhuri (Dietician) from Artemis Hospital, Gurgaon and one representative Mr. Piyush from MIW foundation associated with RDIAS in this social cause. Overwhelming response was received from the end of villagers and they suggested to bring basic medicins in next health camps (whenever organized).

Part 3

Conclusion

Hygiene awareness and basic etiquettes is an important need in government school of Jajl Village. Sessions on hygiene were conducted among school children, which stress the importance of cleanliness and personal hygiene as well as basic etiquettes. Moreover, The Health Camps are organized in the rural areas where people are neither able to afford medical treatment nor having any basic knowledge regarding health and hygiene. So, through these programs people are given various tips on health issues. Besides these, basic health problems and sicknesses are diagnosed. Overall the ice breaking session and health camp was a success with overwhelming response from the kids of the government school as well as local people. The student coordinators were enjoyed teaching the school kids and interaction with the local people of Jajl Village. The people and kids from the village are demanding for more such programs.

SnapShot



Student Volunteers Distributing Soap and sanitizes to kids of Govt. school, Jajl Village



Student Volunteer discussing with the children about cleanliness and sanitation



Villager consulting Orthopedic Doctor about health issues.



Villager consulting Cardiologist.