



## eMDP on EMOTIONAL INTELLIGENCE FOR PERSONAL & PROFESSIONAL SUCCESS

<b>TITLE</b>	eMDP on EMOTIONAL INTELLIGENCE FOR PERSONAL & PROFESSIONAL SUCCESS
<b>Date</b>	Jun 19, 2020 - Jun 19, 2020
<b>Summary</b>	<p>Online MDP on Emotional Intelligence for Personal and Professional Success on June 19'2020, Friday from 4:00 p.m. to 6:00 p.m. Dr. Saket Jeswani who is Associate Professor OP Jindal University and certified trainer and coach was speaker and Dr. Pooja Associate Professor RDIAS was Convener of eMDP. Industry professionals, NLP trainers, Academicians were participants of eMDP. Participants were asked to give an EI check and helped them to understand, analyze and improve their Emotional Quotient. Real life examples, videos, case study, simulation exercise were part of session so that personal and professional success can be enhanced. This MDP was designed to be a transformational experience that will enable participants to bring about personal and professional growth by developing their Emotional Quotient. Participants were acquainted with multiple perspectives of EI; appreciate the role of in personal and managerial effectiveness. Through experiential learning sessions participants were able to develop appreciation of EI and o map EI competencies in order to develop an action plan for successful, healthy and happy life. MDP was successful with participant's valuable discussions and interactions.</p>