



# RUKMINI DEVI

## Institute of Advanced Studies

Approved by AICTE, HRD Ministry, Affiliated to G.G.S. I.P. University, Delhi

- NAAC Accredited, 'A+' Grade (2nd Cycle)
- Category 'A+' Institution by SFRC, Govt of NCT of Delhi.
- Highest Category 'A' by Joint Assessment Committee of GGSIPU & DHE, Govt. of NCT of Delhi.
- Member of AMDISA, AIMA, CII, DELNET, DMA, CEGR, ICT Academy, NDL, NHRDN, ASSOCHAM
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An ISO 9001 : 2015 Certified Institute

### One Week FDP on "The Art of Productivity and Human Consciousness"

<b>TITLE</b>	One Week FDP on "The Art of Productivity and Human Consciousness"
<b>Date</b>	Dec 09, 2019 - Dec 13, 2019
<b>Summary</b>	<p>RDIAS organized its One Week Faculty Development Programme on “OBE and The Art of Productivity and Human Consciousness”. The primary objective of this programme was to enhance the teaching learning process and learn the art of managing stress.</p> <p>The First day started with a lecture on Management Games delivered by Ms. Upasana Diwan where the faculty members learnt to develop a positive perspective towards life, followed by a lecture on “Implications of IPR infringements in Academics” delivered by Dr. Sunil Yadav. He discussed the history of IPR and its relevance in the education industry. On third day, Ms. Shuchi Dikshit delivered a lecture on “Stress Management” and discussed various techniques to handle stress and maintain work-life balance. On Fourth day, Mr. Deepak Chhabra discussed the use of “Neuro Linguistic Programme” in bringing positive change in our lives. The last day of FDP was taken by IQAC team where they discussed the designing of Question papers and Assignment according to Outcome Based Objective.</p> <p>The main aim was to improve the soft skills of the faculty members and motivate them to bring a positive attitude towards life. The sessions on stress management techniques, management games etc. helped in improving skills to meet the real world challenges. Over all the sessions in FDP were informative and it was an enjoyable learning experience.</p>