



Classroom Lecture for BBA

TITLE	Classroom Lecture for BBA
Date	Aug 14, 2018 - Aug 14, 2018
Summary	<p>A classroom lecture on “Self-Empowerment” was organized for BBA 1st Semester (Morning Section A & B). The prime objective of the lecture was to acquaint students with the concept of self-empowerment and how to achieve it. Sir had an interactive session with the students where he discussed about the concept of self-empowerment, its origin and importance.</p> <p>Sir started by asking who wants to be happy, healthy and successful. He explained the different components of brain and its different functions such as -Reptilian component, Mammalian component, Left brain, Right brain, Conscious brain & Sub-conscious brain. He also told the students how a brain works under stress and happy situations. The students also got to know how much powerful the sub-conscious mind is. He explained the difference between the conscious and sub-conscious mind. He told the students that when you get a negative thought or idea it is processed by our conscious mind and become a negative action thereby getting a negative result. He gave his valuable remarks on how to control our emotions, feelings & imagination to be happy & successful.</p> <p>Indeed the session was very informative; students had a great learning experience, as they acquired immense knowledge and insights regarding self-empowerment. It was wonderful learning experience for the students.</p>