



RUKMINI DEVI

Institute of Advanced Studies

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DOSSIER

On

Class Room Lecture by Mr. Girish Bhatia

Department of Management Studies, RDIAS

On

August 14, 2018



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FORM A

Proposal :

- **Name Of the event to be organized :** Submission of Dossier for Class room lecture by Mr. Girish Bhatia on 14-Aug
- **Date :** Aug 14, 2018
- **Time :** 10:00 - 12:10
- **Venue :** Classrooms, Rukmini Devi Institute of Advanced Studies
- **Motivation for the activity:** The objective of the session was to enlighten students with the concept of self-empowerment.

- **Organized By:** Department of Management Studies, RDIAS

Form B

Part 1

Aim of the event :

The aim of Class Room Session was to provide greater clarity about the working of human brain and the ways a person can empower himself so that he comes out of daily stress and work efficiently towards achieving his personal & professional goals.

Part 2

Abstract :

A classroom lecture on “Self-Empowerment” was organized for BBA 1 st Semester (Morning Section A and B). The prime objective of the lecture was to acquaint students with the concept of self-empowerment and how to achieve it.

Mr. Girish Bhatia, the speaker had an interactive session with the students where he discussed about the concept of self-empowerment, its origin and importance. Sir started by asking who wants to be happy, healthy and successful. He explained the different components of brain and its different functions such as –Reptilian component, Mammalian component, Left brain, Right brain, Conscious brain & Sub-conscious brain. He also told the students how a brain works under stress and happy situations. The students also got to know how much powerful the sub-conscious mind are. He explained the difference between the conscious and sub- conscious mind. He told the students that when you get a negative thought or idea it is processed by our conscious mind and become a negative action thereby getting a negative result. He gave his valuable remarks on how to control our emotions, feelings & imagination to be happy & successful. Indeed the session was very informative; students had a great Learning experience, as they acquired immense knowledge and insights regarding self-empowerment. It was wonderful learning experience for the students.

Part 3

Conclusion

The Class Room session helped students to gain valuable insights regarding self-empowerment. They also learnt how to remain happy and positive and how being positive helps them grow in their career.

Snapshot



Mr. Girish Bhatia getting familiar with the participants



Empowering the students through positivity!!!



The speaker explaining about the power of human mind.



The active discussion about positivity.